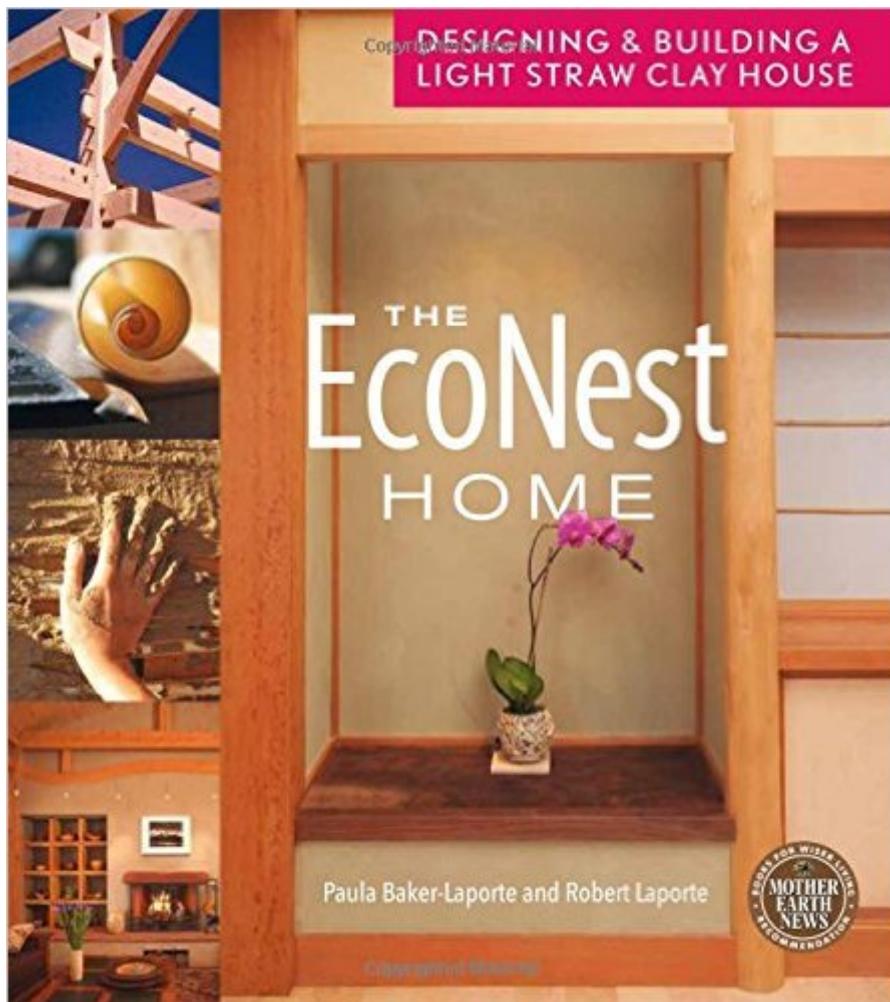


The book was found

# The EcoNest Home: Designing And Building A Light Straw Clay House



## Synopsis

An EcoNest is not just a homeâ "it is a breathtakingly beautiful structure that nurtures health and embraces ecology. This unique approach to construction combines light clay straw, timber framing, earthen floors, natural plasters, and other natural techniques with the principles of Building Biology to create a handcrafted living sanctuary. By bringing together time-honored traditions and modern innovations, owners of EcoNests enjoy living spaces that reflect the best of both worlds. The EcoNest Home is an in-depth exploration of the benefits of choosing this technique over conventional alternatives, combined with a complete practical guide for prospective designers and builders. Paula Baker-Laporte and Robert Laporte draw on their own extensive experience to provide: A detailed explanation of the nature-based science behind EcoNests Fully illustrated, step-by-step instructions to guide you through construction Dozens of inspiring photos of completed projectsThe most comprehensive North American resource on light clay straw construction, written by its leading proponents, The EcoNest Home is a must-read for anyone considering building their own healthy, affordable, environmentally friendly natural home.Paula Baker-Laporte and Robert Laporte are the creators of the EcoNest concept and the authors of Econest: Creating Sustainable Sanctuaries of Clay, Straw and Timber. Robert has built over fifty houses using the EcoNest system and has trained hundreds of professional builders and aspiring owner-builders in using the techniques. Paula has worked as the architect for the EcoNest Company for nearly two decades and is the author of Prescriptions for a Healthy House.

## Book Information

Paperback: 320 pages

Publisher: New Society Publishers (August 4, 2015)

Language: English

ISBN-10: 086571777X

ISBN-13: 978-0865717770

Product Dimensions: 8 x 0.9 x 8.9 inches

Shipping Weight: 1.7 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (9 customer reviews)

Best Sellers Rank: #370,908 in Books (See Top 100 in Books) #142 inÂ Books > Arts & Photography > Architecture > Sustainability & Green Design #466 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Do-It-Yourself #918 inÂ Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home

## Customer Reviews

If you are thinking of putting time, energy, and money into a new home or building, learning about a solid, healthy, ecologically sound structure is fundamental. Whether you are a designer, a builder, or a future buyer, this book demonstrates the techniques used for centuries to create a HOME with modern innovations. Build for the future with techniques from the past and address the increasing presence of the technological world into your home.

As a student of Natural Building and Baubiologie, I have been waiting impatiently for this book to be completed. It is very well written and illustrated, and Robert and Paula's passion and knowledge clearly shine through. If you are interested in creating a healthy home, you owe it to yourself to peruse this book, experience an Econest workshop, and consider building a Light Straw Clay structure.

The EcoNest Home is an inspiration and a revelation to anyone interested in living in a healthy, sustainably built and aesthetic home environment. Paul Baker-Laporte, a healthy building architect and her husband Robert Laporte, an experienced builder of natural buildings, give hands-on workshops in how to build energy-efficient, light straw clay buildings. In this comprehensive and colorfully illustrated book you will find a practical guide to environmentally sound and healthy building methods, which have evolved over many years of experience. After reading their book, even if you like me, don't plan to build, you will never look at your own or any other home again in the same way. When you read how a home's interior can either promote health or disease, you'll want to take steps to assess your own home using the 25 principles of Building Biology starting on page 12. You may not have control of all the variables, but a few like considering the materials used to build your furniture or checking for indoor electro-magnetic radiation sources are well within anyone's ability to take steps toward creating a more healthy home. Finally, the Eco Nest Home is a captivating read. There is an underlying empowering tone, which is hopeful. It's a joy to see among all the beautiful illustrations a community of workshop participants coming together to learn and do their part in contributing to their own health as well as that of the planet. After reading The EcoNest Home we learn how we can all do our part to join in to this healthy living movement. Enjoy!

â œThe ideal role of our buildings is to shelter us from climatic extremes without sacrificing (the) life-nourishing qualities (found in nature).â •From The EcoNest Home by Paula Baker-Laporte and Robert LaporteThis is a gorgeous book. It is full of beautiful photographs, well-drawn illustrations and graphics that clarify the text. Well organized, it takes the reader through three sections:â ¢ The EcoNest Philosophy,â ¢ How to Build an EcoNest, andâ ¢ Examples of completed EcoNest homes. Section I lays out the need for natural building, and the principles of design used in this system of light clay straw construction Section II is a step-by-step description of how to construct using this building system. It starts with the foundation, covers wall and roof construction, and ends by describing interior and exterior finishes. Section III is a portfolio of homes designed and built by Paula and Robert. The EcoNest Home is a delight. The reader will learn the why and the how-tos behind this ancient and elegant art. Whether you are new to natural building or an expert already, the EcoNest Home will resonate. It calls to our human longing for a nourishing relationship with the natural word and a community with which to share that value. Submitted by Joyce Ward, Architect.

I appreciate the thoroughness of the content in this book. The authors cover most of the concerns that have come up for me in my research on building an alternative construction house. In addition to photographs demonstrating their process, they also have good diagrams of how they actually construct their houses. There is enough detail provided to give a sense to the reader of whether to continue further by attending their workshops or by hiring one of their professional affiliates. The authors follow through in their values by having the book printed in Canada and using recycled paper and vegetable-based inks. This is NOT a coffee table book but a resource for people who are serious about exploring alternative ways of building a home.

[Download to continue reading...](#)

The EcoNest Home: Designing and Building a Light Straw Clay House Clay Modelling for Beginners: An Essential Guide to Getting Started in the Art of Sculpting Clay ~ ( Clay Modelling | Clay Modeling | Clay Art ) Building Green, New Edition: A Complete How-To Guide to Alternative Building Methods Earth Plaster \* Straw Bale \* Cordwood \* Cob \* Living Roofs (Building Green: A Complete How-To Guide to Alternative) Cute Polymer Clay Popsicles & Ice Cream: Polymer Clay Kawaii Food Charms (Polymer Clay Kawaii Charms Book 1) Building Green: A Complete How-To Guide to Alternative Building Methods Earth Plaster \* Straw Bale \* Cordwood \* Cob \* Living Roofs The Good House Book: A Common-Sense Guide to Alternative Homebuilding Solar \* Straw Bale \* Cob \* Adobe \* Earth Plaster \* & More (A Natural Home Book) Clay Modeling with Pooh with Other and Clay (Learn and Grow) Clay So Cute!: 21 Polymer Clay Projects for Cool Charms, Itty-Bitty

Animals, and Tiny Treasures Working with Clay: An Introduction to Clay Molding and Sculpting How to Turn a Photograph into a Clay Sculptured Model: Book 1 (How to Sculpture with Air Drying Clay and Painting Techniques.) Fantasy Characters: Easy-to-Follow Clay-Making Projects in Simple Steps (Modeling Clay Books) Spooky Characters: Easy-to-Follow Clay-Making Projects in Simple Steps (Modeling Clay) Clay Charm Magic!: 25 Amazing, Teeny-Tiny Projects to Make with Polymer Clay Tiny Houses: Tiny House Plans, Woodworking on a Tiny House and Living Mortgage Free (Tiny Houses, Tiny House Living, Tiny House Plans, Small Homes, Woodworking Book 1) Masters of Light: Designing the Luminous House The Hempcrete Book: Designing and Building with Hemp-Lime (Sustainable Building) Tiny Houses: Constructing A Tiny House On A Budget And Living Mortgage Free (REVISED & UPDATED) (Tiny Houses,Tiny House Living,Tiny House, Small Home) Tiny Houses: The Ultimate Beginner's Guide! : 20 Space Hacks for Living Big in Your Tiny House (Tiny Homes, Small Home, Tiny House Plans, Tiny House Living) The Real Goods Independent Builder: Designing & Building a House Your Own Way (Real Goods Independent Living Books) Day Light, Night Light: Where Light Comes From (Let's-Read-and-Find-Out Science 2)

[Dmca](#)